

2009 Cardinal Classic- Women

Plattsburgh, N.Y.

Sep. 5, 2009

Sunny, 68 degrees, 15 mph wind

Results by John Lynch

PL.	TEAM	PTS	PLACES OF FINISHERS	AVG.	TIME SPREAD
1	St. Lawrence	23	2, 3, 5, 6, 7, 8, 10	18:50.1	1:03.7
2	Plattsburgh	37	1, 4, 9, 11, 12, 13, 14	19:21.5	2:23.0
3	Clarkson	89	15, 16, 18, 19, 21, 22, 23	22:20.0	1:36.2
4	Norwich	112	17, 20, 24, 25, 26, 27, 28	24:21.1	4:38.9

Individuals

	PLACE	FINISHER	TIME	PACE	
1. St. Lawrence					
	2	Wendy Pavlus, Jr	18:20.8	5:55	
	3	Jenna Hulton, So	18:21.7	5:55	
	5	Johannah Ludington, Sr	18:44.5	6:03	
	6	Megan Derby, Fr	19:19.0	6:14	
	7	Jackie Lemme, Fr	19:24.5	6:16	
	8	Hillary St. John, Sr	19:38.3	6:20	
	10	McKayla Nuffer, So	19:58.2	6:27	
Total Time = 1:34:10.5 Total Places = 23					
2. Plattsburgh					
	1	Jenny Schaffhouser, Sr	17:53.2	5:46	
	4	Stefanie Braun, So	18:29.0	5:58	
	9	Julia Warren, Fr	19:55.9	6:26	
	11	Natasha Deguile, So	20:13.2	6:31	
	12	Krystal Yernye, Jr	20:16.2	6:32	
	13	Colleen Coon, Fr	20:22.2	6:34	
	14	Erin Keenan, So	20:51.5	6:44	
Total Time = 1:36:47.5 Total Places = 37					
3. Clarkson					
	15	Maureen Hill, So	21:33.6	6:57	
	16	Audrey Keene, So	21:55.4	7:04	
	18	Bethann Parmelee, So	22:23.0	7:13	
	19	Jessica Hernandez, Fr	22:38.1	7:18	
	21	Sydney Laramie, Fr	23:09.8	7:28	
	22	Rachel Bachman, Fr	23:37.4	7:37	
	23	Alicia Perras, Jr	23:58.1	7:44	
Total Time = 1:51:39.9 Total Places = 89					
4. Norwich					
	17	Mallory Clark, Fr	21:59.5	7:06	

20	Jaclyn McElligot, Jr	22:59.1	7:25
24	Sarah Copeland, Fr	24:14.3	7:49
25	Jana Balcarova, Fr	25:54.0	8:21
26	Jessica Corl, Sr	26:38.4	8:36
27	Kylee Trelegan, Jr	27:12.2	8:47
28	Joy Palmer, So	27:41.8	8:56

Total Time = 2:01:45.3 Total Places = 112

Team

PL.	SCORE	FINISHER	TIME	PACE	TEAM
1	1	Jenny Schaffhouser, Sr	17:53.2	5:46	Plattsburgh
2	2	Wendy Pavlus, Jr	18:20.8	5:55	St. Lawrence
3	3	Jenna Hulton, So	18:21.7	5:55	St. Lawrence
4	4	Stefanie Braun, So	18:29.0	5:58	Plattsburgh
5	5	Johannah Ludington, Sr	18:44.5	6:03	St. Lawrence
6	6	Megan Derby, Fr	19:19.0	6:14	St. Lawrence
7	7	Jackie Lemme, Fr	19:24.5	6:16	St. Lawrence
8	8	Hillary St. John, Sr	19:38.3	6:20	St. Lawrence
9	9	Julia Warren, Fr	19:55.9	6:26	Plattsburgh
10	10	McKayla Nuffer, So	19:58.2	6:27	St. Lawrence
11	11	Natasha Deguile, So	20:13.2	6:31	Plattsburgh
12	12	Krystal Yernye, Jr	20:16.2	6:32	Plattsburgh
13		Melanie Solandt, So	20:16.8	6:33	St. Lawrence
14		Andrea Maynard, Fr	20:18.0	6:33	St. Lawrence
15	13	Colleen Coon, Fr	20:22.2	6:34	Plattsburgh
16		Katie Loignon, Jr	20:26.0	6:35	St. Lawrence
17		Chelsea Nuffer, Sr	20:33.9	6:38	St. Lawrence
18		Liz Atwood, So	20:34.1	6:38	St. Lawrence
19		Alexis Nuffer, Sr	20:45.9	6:42	St. Lawrence
20		Jenny Kaagan, So	20:51.2	6:44	St. Lawrence
21	14	Erin Keenan, So	20:51.5	6:44	Plattsburgh
22		Lizzy Edwards, Fr	20:53.5	6:44	St. Lawrence
23		Christina Smith, Fr	21:17.5	6:52	Plattsburgh
24	15	Maureen Hill, So	21:33.6	6:57	Clarkson
25		Meredith Kelly	21:40.8	7:00	
26		Erikka Nuffer, Fr	21:42.3	7:00	St. Lawrence
27		Brittany Trahan, So	21:49.5	7:02	Plattsburgh
28		Gretchen Singer, Fr	21:51.0	7:03	Plattsburgh
29	16	Audrey Keene, So	21:55.4	7:04	Clarkson
30	17	Mallory Clark, Fr	21:59.5	7:06	Norwich
31		Caroline Raue, Fr	22:01.5	7:06	St. Lawrence
32	18	Bethann Parmelee, So	22:23.0	7:13	Clarkson
33	19	Jessica Hernandez, Fr	22:38.1	7:18	Clarkson
34		Sarah Pope, So	22:52.4	7:23	Plattsburgh
35	20	Jaclyn McElligot, Jr	22:59.1	7:25	Norwich

36	21	Sydney Laramie, Fr	23:09.8	7:28	Clarkson
37		Maria Towle, Sr	23:23.6	7:33	Plattsburgh
38	22	Rachel Bachman, Fr	23:37.4	7:37	Clarkson
39		Meaghan Sheehan, Fr	23:43.4	7:39	Plattsburgh
40	23	Alicia Perras, Jr	23:58.1	7:44	Clarkson
41		Kelswey Casale, Fr	24:03.5	7:46	Clarkson
42		Katelyn Cole, So	24:10.4	7:48	Plattsburgh
43	24	Sarah Copeland, Fr	24:14.3	7:49	Norwich
44		Cayla Starr, Fr	24:25.7	7:53	Plattsburgh
45		Claudette Foisy, Sr	24:36.1	7:56	Clarkson
46		Kathleen Lewicki, So	24:43.9	7:59	Clarkson
47		Kallie Desmond, So	25:09.4	8:07	Clarkson
48	25	Jana Balcarova, Fr	25:54.0	8:21	Norwich
49	26	Jessica Corl, Sr	26:38.4	8:36	Norwich
50	27	Kylee Trelegan, Jr	27:12.2	8:47	Norwich
51		Christa Harper, So	27:32.8	8:53	Clarkson
52	28	Joy Palmer, So	27:41.8	8:56	Norwich
53		Tamara Jacobsen, Fr	28:24.0	9:10	Norwich
54		Alisha Nowichi, Fr	28:37.0	9:14	Norwich
55		Holly Benson, Jr	29:30.6	9:31	Norwich
56		Julia Coombs, Fr	31:14.1	10:05	Norwich
57		Margaret Ngami, Fr	34:03.9	10:59	Clarkson
58		Hannah Dustin, Fr	34:41.0	11:11	Norwich
59		Kayla Dunn, Fr	38:24.6	12:23	Norwich