

2009 Cardinal Classic- Men
 Plattsburgh, N.Y.
 Sep. 5, 2009
 Sunny, 70 degrees, 15 mph wind
 Results by John Lynch

PL.	TEAM	PTS.	PLACES OF FINISHERS	AVG.	TIME SPREAD
1	St. Lawrence	27	2, 3, 5, 8, 9, 10, 11	15:39.1	0:27.6
2	Plattsburgh	36	1, 4, 6, 12, 13, , 15	15:44.0	0:58.8
3	Clarkson	79	7, 16, 17, 18, 21, 22, 23	16:40.5	1:19.6
4	Norwich	114	19, 20, 24, 25, 26, 27, 28	17:30.0	0:51.3
5	Lion's Pride	155	29, 30, 31, 32, 33, 34, 35	20:37.2	1:49.5

Team

	PLACE	FINISHER	TIME	PACE
1. St. Lawrence				
	2	Daniel Ramsey, Jr	15:24.5	4:58
	3	Jeremy Mwenda, Jr	15:25.4	4:59
	5	Seth Jackson, So	15:42.1	5:04
	8	Jacob Malcomb, Sr	15:51.6	5:07
	9	Joshua LeBlanc, Jr	15:52.0	5:07
	10	Jeremy Beaudette, Sr	15:55.6	5:08
	11	Terrence Fox, Sr	15:57.3	5:09

Total Time = 1:18:15.5 Total Places = 27

2. Plattsburgh

	1	Mike Heymann, Jr	15:08.7	4:53
	4	Seth Yernye, Sr	15:31.3	5:00
	6	Bobby Grim, Jr	15:45.2	5:05
	12	Alex Sico, Sr	16:07.2	5:12
	13	Josh Mitchell, So	16:07.5	5:12
	14	James Biondi, So	16:12.3	5:14
	15	Chris Martin, Fr	16:20.7	5:16

Total Time = 1:18:39.7 Total Places = 36

3. Clarkson

	7	Alex Benway, So	15:50.7	5:07
	16	Andrew Nadeau, Sr	16:33.6	5:21
	17	Neal Campbell, So	16:53.7	5:27
	18	Tim Sick, So	16:54.4	5:27
	21	Conor Cullinane, Fr	17:10.2	5:32
	22	Jeff Jones, So	17:29.4	5:38
	23	Jerry D'Acchille, Sr	17:33.0	5:40

Total Time = 1:23:22.5 Total Places = 79

4. Norwich

19	Michael Monaghan, Jr	17:02.2	5:30
20	Joseph Rosenthal, Fr	17:06.4	5:31
24	Samuel Spinrad, So	17:43.8	5:43
25	Michael Christopher, Jr	17:44.6	5:43
26	Richard Well, Fr	17:53.4	5:46
27	Seth Larimore, Fr	18:10.0	5:52
28	Joseph Santarelli, Fr	18:16.6	5:54

Total Time = 1:27:30.1 Total Places = 114

5. Lion's Pride

29	Rob Noonan	19:53.5	6:25
30	Josh Mockus	20:05.6	6:29
31	Kewsi Burgess	20:37.9	6:39
32	Jordan Bieber	20:46.3	6:42
33	Bryan Mockus	21:42.9	7:00
34	Pete Hamm	22:52.2	7:23
35	Andrew Krug	23:00.4	7:25

Total Time = 1:43:05.9 Total Places = 155

Individual

PL.	SCORE	FINISHER	TIME	PACE	TEAM
1	1	Mike Heymann, Jr	15:08.7	4:53	Plattsburgh
2	2	Daniel Ramsey, Jr	15:24.5	4:58	St. Lawrence
3	3	Jeremy Mwenda, Jr	15:25.4	4:59	St. Lawrence
4	4	Seth Yernye, Sr	15:31.3	5:00	Plattsburgh
5	5	Seth Jackson, So	15:42.1	5:04	St. Lawrence
6	6	Bobby Grim, Jr	15:45.2	5:05	Plattsburgh
7	7	Alex Benway, So	15:50.7	5:07	Clarkson
8	8	Jacob Malcomb, Sr	15:51.6	5:07	St. Lawrence
9	9	Joshua LeBlanc, Jr	15:52.0	5:07	St. Lawrence
10	10	Jeremy Beaudette, Sr	15:55.6	5:08	St. Lawrence
11	11	Terrence Fox, Sr	15:57.3	5:09	St. Lawrence
12		Andrew Goodwin, So	16:05.6	5:11	St. Lawrence
13		Sam Rakoc, Fr	16:05.9	5:12	St. Lawrence
14		Brandon Kenny, Jr	16:06.3	5:12	St. Lawrence
15		Chris Funch, Jr	16:06.3	5:12	St. Lawrence
16	12	Alex Sico, Sr	16:07.2	5:12	Plattsburgh
17	13	Josh Mitchell, So	16:07.5	5:12	Plattsburgh
18		John Johnston, So	16:10.3	5:13	St. Lawrence
19		Geoff Millard, Sr	16:11.2	5:13	St. Lawrence
20	14	James Biondi, So	16:12.3	5:14	Plattsburgh
21	15	Chris Martin, Fr	16:20.7	5:16	Plattsburgh
22		Matt Medeiros	16:23.0	5:17	Norther Lights Tc
23		Todd Lavigne, Sr	16:30.6	5:20	St. Lawrence
24		Chris Taylor, Fr	16:33.3	5:20	Plattsburgh
25	16	Andrew Nadeau, Sr	16:33.6	5:21	Clarkson

26		Chris Ketcham, Jr	16:43.2	5:24	Plattsburgh
27		Will Mosenthal, Jr	16:43.8	5:24	St. Lawrence
28		Kyle Dunn, Jr	16:46.5	5:25	Plattsburgh
29		Justin Harrington, So	16:50.2	5:26	Plattsburgh
30		Alex Calderwood, So	16:51.0	5:26	St. Lawrence
31		John Knych, So	16:52.1	5:26	St. Lawrence
32		Jordan Garfinkle, Sr	16:52.8	5:27	St. Lawrence
33		Ian Schofield, Jr	16:53.1	5:27	St. Lawrence
34	17	Neal Campbell, So	16:53.7	5:27	Clarkson
35		Matthew Burdick, Sr	16:54.1	5:27	Plattsburgh
36	18	Tim Sick, So	16:54.4	5:27	Clarkson
37		James Mayers, Jr	17:00.8	5:29	St. Lawrence
38	19	Michael Monaghan, Jr	17:02.2	5:30	Norwich
39		Landen Elliott-Knaggs, Fr	17:02.4	5:30	St. Lawrence
40		Jack Swartz, Sr	17:05.8	5:31	Plattsburgh
41	20	Joseph Rosenthal, Fr	17:06.4	5:31	Norwich
42	21	Conor Cullinane, Fr	17:10.2	5:32	Clarkson
43		Sean Callahan, So	17:12.1	5:33	St. Lawrence
44		Matt Burton, So	17:13.3	5:33	Plattsburgh
45		Ryan Millar, Fr	17:14.9	5:34	Plattsburgh
46		Landen Elliott-Knaggs, Fr	17:20.7	5:36	St. Lawrence
47		Andrew Sargrad, So	17:22.5	5:36	St. Lawrence
48		Richard Adickes, So	17:22.8	5:36	Plattsburgh
49		Kevin Portillo, Fr	17:26.3	5:38	Plattsburgh
50		Kevin Bouchard-Hall	17:28.4	5:38	Norther Lights Tc
51	22	Jeff Jones, So	17:29.4	5:38	Clarkson
52	23	Jerry D'Acchille, Sr	17:33.0	5:40	Clarkson
53		Ryan Douglas, So	17:41.4	5:42	Plattsburgh
54		Matt Roberts, Fr	17:41.9	5:43	Plattsburgh
55	24	Samuel Spinrad, So	17:43.8	5:43	Norwich
56		Charles Rumfelt, Fr	17:44.3	5:43	Plattsburgh
57	25	Michael Christopher, Jr	17:44.6	5:43	Norwich
58		Russ Seidel, Fr	17:46.5	5:44	Clarkson
59	26	Richard Well, Fr	17:53.4	5:46	Norwich
60		Dave Witman, So	17:55.2	5:47	Clarkson
61		Zachary Russo, Fr	17:59.0	5:48	Clarkson
62	27	Seth Larimore, Fr	18:10.0	5:52	Norwich
63	28	Joseph Santarelli, Fr	18:16.6	5:54	Norwich
64		Dan Smith, So	18:24.0	5:56	Clarkson
65		Dustin Nuhfer, Jr	18:28.7	5:58	Clarkson
66		Brian Wilson	18:30.5	5:58	Norther Lights Tc
67		Thomas Malinowski, Jr	18:39.9	6:01	Norwich
68		Mario Leonard, Fr	18:44.2	6:03	Norwich
69		Chris Lamothe, Sr	18:44.8	6:03	Clarkson
70		Jordan Garrison, So	19:03.6	6:09	Clarkson
71		Andrew Groth, So	19:06.1	6:10	Clarkson

72		Kyle Fritz, Jr	19:09.5	6:11	Clarkson
73		Matt Dimasi, Fr	19:17.2	6:13	Clarkson
74		Corey Wicks, Fr	19:22.1	6:15	Clarkson
75		Lucas Roods, So	19:31.7	6:18	Clarkson
76		Chris McKinney, Fr	19:34.2	6:19	Clarkson
77		Derek Fessette	19:37.0	6:20	Norther Lights Tc
78		Peter Kaplan	19:38.0	6:20	Unattached
79		David Rugari, Fr	19:38.7	6:20	Norwich
80		Matthew Pierce, Fr	19:39.5	6:20	Norwich
81		Jordan Angerosa, So	19:40.0	6:21	Clarkson
82		Greg Matthews, Jr	19:47.2	6:23	Clarkson
83		Bruce Weinheimer, Sr	19:48.0	6:23	Clarkson
84	29	Rob Noonan	19:53.5	6:25	Lion's Pride
85		Matthew McClellan, Jr	20:02.2	6:28	Norwich
86	30	Josh Mockus	20:05.6	6:29	Lion's Pride
87		Shaquile Adams, Fr	20:12.0	6:31	Norwich
88		Eric Burlee, So	20:29.5	6:37	Clarkson
89	31	Kewsi Burgess	20:37.9	6:39	Lion's Pride
90		Seth Brown, Jr	20:43.1	6:41	Norwich
91	32	Jordan Bieber	20:46.3	6:42	Lion's Pride
92		John Chevalier	21:09.2	6:49	
93	33	Bryan Mockus	21:42.9	7:00	Lion's Pride
94		Bennett Johnson, Sr	22:29.2	7:15	Norwich
95		Matt Drowne	22:42.1	7:19	
96	34	Pete Hamm	22:52.2	7:23	Lion's Pride
97	35	Andrew Krug	23:00.4	7:25	Lion's Pride
98		Doug McAlpine	23:19.4	7:31	Lion's Pride
99		Samuel Spinrad, So	23:25.1	7:33	Norwich
100		Charlie Berg	23:25.4	7:33	Lion's Pride
101		Brad Woods	23:41.5	7:39	Lion's Pride
102		Alex Carboni	26:04.7	8:25	Lion's Pride
103		Erik Genalo	26:05.2	8:25	Lion's Pride
104		Josh Bushey	29:04.4	9:23	Lion's Pride
105		Charles Meyer	29:04.6	9:23	Lion's Pride